

# New Zealand Trainees Committee Newsletter

## February 2009

Welcome to the 1<sup>st</sup> Newsletter from the NZTC for 2009. Below are the names and emails of members on our committee so you know who we are and how you can contact us. In each Newsletter this year we'll provide a little more information about each member.

### Committee Members:

Thimali Rajapaksa, Auckland DHB	ThimaliR@adhb.govt.nz
Nicola Broadbent, Auckland DHB	Nbroadbent@adhb.govt.nz
Rachel Dempsey, Hawke's Bay DHB	rachdempsey@gmail.com
Sheila Hart, Waikato DHB	Sheilahart@doctors.org.uk
Jeremy Fernando, Capital Coast DHB	jezz.fernando@gmail.com
Sabine Pecher, Capital Coast DHB	Sabine.Pecher@ccdhb.org.nz
Erica Dibb-Fuller, Christchurch DHB	ericadibbfuller@gmail.com
Claire Ireland, Dunedin DHB	claireireland@hotmail.com
Kathryn Hagen, Auckland DHB, Chair	khagen@adhb.govt.nz

### Members in more detail:

#### Nicola Broadbent

"I am currently a provisional fellow on Level 8 at Auckland Hospital. My anaesthetic career so far is a bit varied - I started my anaesthetics as an SHO in Yorkshire in the UK and ended up staying 4 years. Sat both exams for the FRCA exams whilst there. Finally returned home to join the ANZCA program which has included sitting the ANZCA part 2 as well!

One of the things I'm aiming to do this year whilst on the committee is work on some kind of orientation guide/course for new and overseas trainees.

If anyone wants any advice regarding anaesthetics in the UK or how to get some of your UK training time credited by ANZCA feel free to ask."

#### Sabine Pecher

"Currently I am working as an advanced trainee in Wellington Hospital. Just over 4 years ago I came to New Zealand (from Germany) and had to find my way through the "bureaucratic jungle" of medical councils and colleges. By participating in the NZTC I would like to share experiences and knowledge with other trainees, especially with overseas trained doctors, and make their path through paperwork and training a little bit easier.

And also: you can only move things when you get actively involved!"

#### Claire Ireland

"I am currently working at Dunedin Public Hospital and am in my Provisional Fellowship Year. As a member of the NZTC, I aim to keep our trainees up to date with college events and issues, and put our thoughts forward for consideration. Dunedin is a long way south, but we like to stay in touch!"

### **Committee Goals for 2009:**

***Encouraging good individual trainee welfare.*** We all know it's really busy training for ANZCA fellowship and that we seem to spend all of our lives at work or studying, but we owe it to ourselves, our families and our current and future patients to make sure we're looking after ourselves. There is, of course, a multitude of ways to do this, but one of them is to ensure you are registered with a GP practice. In fact, ANZCA consider this so important it has been included in a recent Professional Document (PS49)

"Specialists and trainees should have an identified general practitioner and consult them regularly." <http://www.anzca.edu.au/resources/professional-documents/professional-standards/ps49.html>

In light of this, we've done some investigating and are putting together names of GP's in the major regions who are willing to see doctors as patients. If you know of any GP's in your region happy to see doctors, especially those where we don't have any TC representatives, let us know and we can add them to this list. The list for regions we have completed can be obtained from Jan Brown ([jan@anzca.org.nz](mailto:jan@anzca.org.nz)).

***Keeping the Doctor Alive*** is a document produced by the Royal Australian College of General Practitioner's and is aimed at increasing awareness of self care of medical practitioners. We've taken the liberty of attaching it with this email. Obviously written for the Australian workforce the contact details in the resources section aren't applicable to us, but the contact number for the Doctor's Health Advisory Service in New Zealand is 0800 471 2654

***Annual Registrar's Meeting*** is held in Auckland each year and is scheduled for Friday 27<sup>th</sup> November 2009. It is a full day meeting with presentations about finances, private practice and other useful post training information in the morning followed by registrar formal project presentations in the afternoon. Although in Auckland, trainees from all over NZ are invited and encouraged to attend and present. There is an award for the best presentation, which has currently never been lifted by a non-Auckland trainee! We encourage as many trainees as possible to come, but with our geographical distribution, we are also hoping to set up video conferencing facilities which would allow those in the other major centres the chance to see the presentations at least. There will be more on this after we assess the technical logistics of it.

***Developing an 'Idiots guide to training' information kit.*** In Australia they call it a part zero course, but we would like to formulate a short written guide/afternoon presentation for those at either the beginning of their training or new to training in New Zealand that would seek to impart information most of us have had to find out for ourselves. Examples of wisdom we think worth imparting include:

- Introduction to ANZCA and how the college functions
- Introduction to the modules required, filling out the portfolio and log books

- Information on the formal project
- Information and resources available that are helpful for exam preparation

We would appreciate any feedback from current trainees about what you think would have been invaluable information at the beginning of your training. Any suggestions please email Jan Brown ([jan@anzca.org.nz](mailto:jan@anzca.org.nz))

**Continuing work from 2008.** We've got representatives on both the ANZCA Curriculum review working group (CRWG) and the Clinical Teacher Development working group (CTDWG). Submissions for the CRWG closed on January 31<sup>st</sup> and over 100 were received by the group who now have the unenviable task of assessing them. We made a submission and if you would like to view the details of that submission, please request a copy from Jan Brown.

### **Dates to note**

#### ***Exam application closing dates for the 2<sup>nd</sup> sitting 2009***

Primary exam-written held 27 July 2009                      closing date is 1<sup>st</sup> June 2009

Final exam- written held 28 August 2009                      closing date is 3 July 2009

### ***Jobs***

**Registrar positions:** for SHO's looking to apply for a registrar position or those moving hospitals the nationwide closing date for applications is 8<sup>th</sup> June 2009 with offers made on 27 July.

### **Fellow positions:**

#### **Clinical Fellowships in Anaesthesia 2009. Auckland City Hospital.**

Department of Anaesthesia, Auckland City Hospital, welcomes trainees to apply for Dec 2009 – Dec 2010 clinical fellowships in Anaesthesia. A number of fellowships are available in the following subspecialties

- Cardiothoracic anaesthesia and intensive care (Job # 020859)
- Pain (Job # 020860)
- Paediatric anaesthesia and intensive care (Job # 020861)
- Obstetrics and Gynaecology (Job # 020858)
- Neuroanaesthesia (Job # 020860)
- Vascular Anaesthesia (Job # 020860)

Visit the following links for further information

<http://www.adhb.govt.nz/careers/Jobs.aspx?category=200000040>.

**CLOSING DATE                      April 15**

### ***Meetings***

NZ Anaesthesia ASM Rotorua

4-7 November 2009

Annual registrar meeting Auckland

27<sup>th</sup> November 2009

### **ANZCA Website Developments**

A recent development on the ANZCA website is the availability of our own trainee profiles- this allows each trainee to access the personal and training information ANZCA has about us. This includes addresses and modules/courses completed. A couple of our committee members have accessed this application and found a lot of incorrect data, so we would encourage every trainee to have a look at their profile and get in touch with Jan Brown if there are any indiscrepancies. The profile page is available through the myanzca portal once you're logged in.

### **ANZCA trainee email system**

ANZCA are looking to implement a new email system for trainees and have produced a document that explains the operation and purpose of this system. We would like trainees to take the time to read the attached email about the proposed email system and give us feedback about this to give to the ANZCA Trainees Committee. Your input and ideas are invaluable as this will affect only us as trainees.

We hope you've had a good start to the 2009 training year. We'd like to encourage you to approach your NZTC representative with any ideas or issues you have with training/ANZCA. Good luck for those about the sit the first sitting of the written part ones in March and those sitting for the finals in April. The next meeting of the NZTC is scheduled for May 11<sup>th</sup> 2009, so if you have any issues or ideas you want to raise with your representatives, please don't hesitate to contact us.

Cheers

Kathryn Hagen  
Chair, New Zealand Training Committee