



# ANZCA New Zealand Trainee Committee Newsletter

March 2010 - Issue 6

Welcome to the first newsletter for 2010 from your new New Zealand Trainee Committee. Firstly, thank you to all the trainees who participated in the elections for the five new committee members held in January. Below is a brief introduction to two of the new members and a quick update about the Part Zero/Guidebook to training with ANZCA in New Zealand. Following this is some information about where the curriculum review is at, changes to the ITA forms that will occur shortly and an update of e-learning resources on the College website. We are pleased to be able to advertise the Ray Hader Trainees Award for Compassion as well as the usual important dates to remember.

## Committee Members in More Detail:

### **Tim Hall:**

I am a Provisional Fellow working at Middlemore Hospital. I was lucky enough to start my anaesthesia training at Taranaki Base Hospital and have since rotated through the various Auckland Hospitals, with a year off after BTY1 to work in a Private London ICU and travel. I wanted to be involved in the Trainee Committee this year (now the spectre of the Part 2 exam is behind me) to help feedback some of the issues that I have heard and observed over my training time, and try and help improve the system for trainees to come.



### **Joe Taylor:**

I'm currently an ATY1 Trainee at Waikato Hospital. I am married to a nurse and have a 16 month old daughter. I grew up in Auckland, but have spent a lot of time working at Taranaki Base Hospital, where I plan to return once finishing my training. I am interested in everything in anaesthesia as well as intensive care, so enjoy working in a small generalist hospital. Obviously I am also interested in surfing as Taranaki has plenty of coastline! I'm in the process of trying to do my formal project while working at Waikato, and developing a new found respect (or maybe sympathy) for researchers in the process! I joined the committee partly to make myself understand the workings of the College better and also to help disseminate information to the other trainees here.

## Anaesthesia Training in NZ Made Easy: (New Zealand's Answer to a Part Zero Course!)

Every Trainee in NZ should have received this booklet by now, and if you haven't it should be on its way to your SOT who will no doubt be giving it out to you shortly. Our intention with the booklet is to help people avoid some of the pitfalls of training and to simplify a lot of information available on the College website, but that somehow seems so complicated! We have sent it out to all trainees in NZ in the hope that it will be of use to those early in their training, and that those more advanced in their training are able to correct any mistakes or add any information they wish they had known right from the start. If you haven't received the booklet or you have a comment you would like to make, please email us at [training@anzca.org.nz](mailto:training@anzca.org.nz)



New Zealand Trainee Committee

January 2010

## BWT Scholarship:

Dr BWT Ritchie, a New Zealand born Anaesthetist, together with his family set up a scholarship to enhance the experience of trainee New Zealand anaesthetists. The Scholarship is open to New Zealand Trainees who have passed the final examination for the Diploma of Fellowship of the Australian and New Zealand College of Anaesthetists and who wish to take a further year of study outside New Zealand in their final year of training, or the year following the completion of their Fellowship. The Scholarship is intended as a grant in aid to allow for overseas experience in Britain or other countries outside New Zealand during or immediately following the final year of training and, if appropriate, during an extension for one further year. The 2011 Scholarship is valued up to \$25,000, depending on the programme of the successful applicant(s). For an information pack containing further details please contact Rose Chadwick at the New Zealand Anaesthesia Education Committee (NZAEC), [nzaec@anaesthesia.org.nz](mailto:nzaec@anaesthesia.org.nz), or download the information from the News page of the NZAEC website: [www.anaesthesia.org.nz/nzaec/News/tabid/140/Default.aspx](http://www.anaesthesia.org.nz/nzaec/News/tabid/140/Default.aspx). **Nominations need to be in by 30 June 2010.**

## **Ray Hader Trainee Award for Compassion:**

This award was established by the College in 2008 to help “promote a compassionate approach to the welfare of anaesthetists, other colleagues, patients and the community”. Nominees can be ANZCA Trainees or New Fellows and an application form can be found on the College website - [www.anzca.edu.au/trainees/dr-ray-hader-trainee-award-for-compassion.html](http://www.anzca.edu.au/trainees/dr-ray-hader-trainee-award-for-compassion.html). The inaugural winner, Dr Amanda Young, had a long standing interest in the health of junior doctors, in particular depression amongst doctors, and had done a lot of work to promote this amongst her junior colleagues, however there were no nominations in 2009 and the College is keen to promote this award and increase awareness among trainees. Have a think about your colleagues. Is there anyone who has made a significant contribution to the welfare of others? Community work? Overseas aid? Policy or committee work?

**Nominations need to be in by 10 September 2010.**



## **NZSA Update:**

The issue of “Physician Assistants” (PAs) is becoming ever closer, and is a major focus of the NZSA. In brief, the NZ government is looking to introduce a new stream of health worker in order to manage the impending health workforce crisis; they are envisaged to have specific training and work under the direction of doctors. They exist in various forms in many countries around the world, in particular the United States. A trial or “demonstration” is to take place at Counties Manukau DHB in the near future.

If introduced in a sensible way, PAs have the potential to improve the efficiency and professional satisfaction of anaesthetists by doing the jobs we are over-qualified to do and freeing us up to make the best use of our skills. If done badly, they could seriously impair our training, decrease patient safety, and make our job a whole lot less pleasant. The NZSA has responded to an invitation by the government to be partners in making the introduction of PAs to anaesthesia beneficial for patients and anaesthetists. A taskforce of interested anaesthetists has been assembled to this end. At the same time, the NZSA will be listening carefully to the opinions of its members and liaising with the other specialities as to the path forwards.

If you would like more information or to let the NZSA know how you feel about this issue, please contact Dr Nathan Kershaw, NZSA Trainee Representative - [nathankershaw@gmail.com](mailto:nathankershaw@gmail.com).

## **College Corner:**



- **Curriculum Review:** This is being undertaken by the College as promised when the modular system came out in 2004. A large number of submissions were received and all Fellows and Trainees polled last year. The recommendations from the Curriculum Review Working Group (CRWG) are currently being passed around the Regional and National Offices and the new Framework for the Curriculum will be presented at the ASM in Christchurch in May. Actual changes to the curriculum or modules will be finalized during the second half of this year. Any changes to the actual programme will occur for 2012. The NZTC has representation on the CRWG and will be involved in helping to disseminate information (and quell any fears) once further details have been finalized. To see the latest information on the curriculum review go to [www.anzca.edu.au/edu/projects/curriculum-review](http://www.anzca.edu.au/edu/projects/curriculum-review) Please email us if you have any concerns or questions regarding the review – [training@anzca.org.nz](mailto:training@anzca.org.nz).
- **ITA Forms:** The new In Training Assessment forms are scheduled to be launched in the middle of this year. There will no longer be a requirement for trainees to fill in their own ITA self assessment form. The new form will incorporate the Approved Vocational Training form and will be available on line. Trainees will also be able to view their new ITAs on line. The forms are a bit longer and incorporate the new Framework for assessment, which is based on the CanMEDS Competency model (<http://rcpsc.medical.org/canmeds/index.php>). If you have any troubles with the new forms, please let us know – [training@anzca.org.nz](mailto:training@anzca.org.nz).
- **College E-Learning Resources:**
  - **Webinars:** You will find these under Educational Podcasts at the bottom right hand corner of the home page. There are 8 podcasts available, so if you missed the interactive teaching sessions (webinars) fear not - you can catch up on the presentations at your leisure - <http://www.anzca.edu.au/edu/projects/distance-education/rasts/podcasts/rasts-podcast-library.html>. Look out for emails from the College advertising the time and date of the next webinar - they are well worth attending and give you the chance to ask all those questions you were too embarrassed to ask your bosses in person. If you have any requests for topics for the webinars, please email Susan Batur ([SBatur@anzca.edu.au](mailto:SBatur@anzca.edu.au))
  - **Anaesthesia and Intensive Care Medicine:** The online subscription to this journal is going to be discontinued shortly as there was a significant and unexpected price hike from 2009 to 2010 subs (from <2k to >25!), so unfortunately this journal will no longer be available on line. However, the College is looking into getting a paper copy subscription and articles could be requested from this.



- **Trainee Email System:** This is likely to be up and running within the next few months. The College will supply all trainees with an email address to which all communication from the College will be directed. There are instructions on how to forward this to your email account at [www.anzca.edu.au/trainees/trainee-email-system.html](http://www.anzca.edu.au/trainees/trainee-email-system.html).

➤ **ANZCA Bulletin:**

We are seeking articles from NZ Trainees to submit to the quarterly Bulletin. It doesn't have to be Anaesthesia or work related, anything interesting will be considered! If you fancy yourself as a writer, please take the time to put together a short article and we'll get it on its way to the College. Ideas for articles include hobbies, exciting travel, training/working/living in other environments/cultures and so on. Send your articles to [training@anzca.org.nz](mailto:training@anzca.org.nz).



**Important Dates to Note in 2010:**

➤ **Exams - Second Sitting 2010:**

	Primary	Final
Application Cut Off	Sunday 30 <sup>th</sup> May	Monday 5 <sup>th</sup> July
Date of the Written	Monday 26 <sup>th</sup> July	Fri-Sat 27-28 <sup>th</sup> August
Date of the Vivas	Mon-Wed 13-15 <sup>th</sup> September	Fri-Sat 22-23 <sup>rd</sup> October

➤ **Meetings:**



**HOW MEETS WHY**  
Clinical Practice and the Science Behind it

**Annual Scientific Meeting:**

This year's ANZCA ASM will be in Christchurch 1-5<sup>th</sup> May. The topic is "How meets Why; Clinical Practice and the Science Behind it". Early Bird registration has closed, but registrations are still taking place. Those who are at least a year post their Primary exam may be able to get leave and funding under the MECA "Senior Registrar clause" if not eligible for Conference Leave. There is going to be a Registrars Luncheon on the Sunday for all trainees registered for the meeting - a chance to meet other registrars and also to mix with some more high profile figures! See you there!



**Annual Registrar's Meeting - 3<sup>rd</sup> December 2010**

Put this date in your calendar. If you want to present recent research, audits or your formal project, then think about this as the ideal venue. Full of registrar colleagues, this is a chance to hone your presentation skills in an unthreatening environment. Last year's meeting even had mention of Dog's Bollocks among other things! Lisa Chapman will be calling for abstracts later in the year, so keep an eye out for it. There is a morning session focused on life after training and the intention this year is to videoconference the whole day if possible. So even if you can't come and join us in Auckland, there will be the chance to watch and be involved from afar.

➤ **Courses:**

• **Airway Courses:**

Check out [www.airwayskills.com](http://www.airwayskills.com) for dates, times and places on this excellent airway skills course.

• **EMAC:**

Check out [www.anzca.org.nz/training/new-zealand-course-dates.html](http://www.anzca.org.nz/training/new-zealand-course-dates.html) for dates, times and places of these courses.

**Fellow Positions for 2011:**

It is time to start thinking about where you want to work for 2011, or maybe you just need to know what is available for the future when you've passed all those exams and completed all those modules. Attached at the bottom of the newsletter are Fellow Job advertisements for Auckland, Middlemore and Norwich Hospitals. Closing dates for NZ jobs are mid April.



Well done to those who have recently sat their Primary and Final written exams- and good luck for the vivas!

Also, check out the interview Auckland Anaesthetist Dr Kim Jamieson did about the History of Anaesthesia on Radio Live on Sunday 21<sup>st</sup> March 2010. The link from the ANZCA homepage is: [www.anzca.edu.au/news/announcements/dr-kim-jamieson-on-new-zealand-radio](http://www.anzca.edu.au/news/announcements/dr-kim-jamieson-on-new-zealand-radio)

Cheers

Kathryn Hagen  
Chair, NZ National Trainee Committee, ANZCA



## CLINICAL FELLOWSHIPS IN ANAESTHESIA

### Auckland District Health Board, New Zealand

#### **Adult and Emergency Anaesthesia (Reference No: 024769)**

Four 12 month fellowships commencing December 2010, with the opportunity to develop further skills in the following sub-specialities:-

- Liver Transplant
- Pain Management
- Vascular and Peri-operative Care
- Neurosurgery

#### **Greenlane Department of Cardiothoracic Anaesthesia (Reference No: 024768)**

Four fellowships starting in December 2010 and June/December 2011. These are 12 month programmes with six months in Anaesthesia and six months in Cardiac Intensive Care. This programme offers extensive experience in all aspects of cardiothoracic anaesthesia and intensive care.

#### **Paediatric Anaesthesia and Intensive Care (Reference No: 024770)**

##### **Starship Children's Health**

Two fellowships starting in December 2010. These are 12 month programmes with six months in Paediatric Anaesthesia and six months in Paediatric Intensive Care.

#### **Women's Health, Anaesthesia, Obstetrics and Gynaecology (Reference No: 024771)**

Two six month fellowships starting in December 2010 and June 2011 respectively.

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These fellowships are primarily clinical with sessions available for research and teaching. All of the above positions are fixed-term and would suit those who have either completed or are nearing the end of their formal anaesthesia training, but are seeking additional structured training in any of the above specialities. You will be working with highly skilled and innovative colleagues in state-of-the-art facilities. You will experience the great outdoors of New Zealand and also enjoy metropolis living in the city which has been voted the 4th best in the world in 2009.

For more detailed information and to view a position description, please visit our website <http://careers.adhb.govt.nz> and apply online quoting the relevant reference number. Please provide full contact details including email addresses of three clinical references in your CV. Your referees will be contacted before short listing for interview. You are welcome to apply for more than one vacancy. For help with your online application, please contact **Sonu Anand** on [sonua@adhb.govt.nz](mailto:sonua@adhb.govt.nz) quoting the relevant reference number.

**Closing date is 15 April 2010.**



#### **Anaesthetic Fellowships Dec 2010 – Dec 2011**

##### **Counties Manukau District Health Board, Auckland, New Zealand**

Applications are invited for four Fellowships in Anaesthesia, offering an exciting opportunity to join a large, friendly department providing tertiary level health care services.

With the exception of cardiac and neurosurgery, anaesthetic services are provided for all major surgical specialties to a multi-cultural community with a diverse range of health needs.

Fellows will provide anaesthesia for adult, paediatric and obstetric services across 2 sites in Auckland; Middlemore Hospital an 860-bed hospital with 11 ORs, and Manukau Surgical Centre, a 10 OR elective surgical unit. An interest in anaesthesia for burns, simulation / teaching and regional anaesthesia would be an advantage, although an interest in other sub specialities (e.g. obstetrics) can be accommodated.

Preferences will be given to those seeking full-time, fixed term employment for 12 months, although applications for alternative employment arrangements may be considered.

Preferences will be given to candidates with fellowship, and ANZCA trainees should be post-ATY2 and have completed their Formal project. Weekend and evening work can be expected and a small number of night shifts may also be required. Registration with the New Zealand Medical Council is essential.

For an informal conversation please contact Dr Julian Dimech - Supervisor for Fellows [julian.dimech@middlemore.co.nz](mailto:julian.dimech@middlemore.co.nz), +64 9 276 0044 ext 8853 or Nicole Nairn in the Recruitment Centre +64 9 276 0083, [nicole.nairn@middlemore.co.nz](mailto:nicole.nairn@middlemore.co.nz). Applications can be made online at [www.cmdhb.org.nz/careers](http://www.cmdhb.org.nz/careers).

**Closing date 16<sup>th</sup> April 2010**

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## **NORFOLK AND NORWICH UNIVERSITY HOSPITALS NHS FOUNDATION TRUST**

### **Provisional Fellowship for FANZCA Trainees**

Applications are invited for one Provisional Fellowship post.

The Anaesthetic Directorate includes anaesthesia, critical care, and the acute and chronic pain relief services. It is a large department with 45 Consultant staff, 9 NCCG staff and 29 trainee staff, and provides services for all the main branches of surgery (with the exceptions of neurosurgery and cardiac surgery).

The available Fellowship programs include obstetrics, thoracic, vascular and acute and chronic pain. Applicants are encouraged to actively participate in research and audit.

The successful applicant will also participate in the on call rosters – this may be as the senior trainee on call, or as obstetric, ITU or first on call (depending on the interests and experience of the applicant).

Applicants must have full GMC registration, and have had a minimum of two years anaesthetics experience. Evidence of training in obstetric anaesthesia and intensive care would be beneficial. Sessions offered will be discussed with the appointees on commencement of the post, and will be tailored around the particular interests of the individual. The post is for six months in the first instance, extendable up to one year.

Norwich is one of two teaching centres for anaesthesia trainees within the Eastern Deanery. It is a busy acute teaching hospital Trust providing comprehensive general and specialist services for a population of up to 750,000 on two sites; the 987 bed Norfolk and Norwich University Hospital (NNUH) and Cromer Hospital on the North Norfolk coast.

Located on the periphery of the fine cathedral city of Norwich, we are surrounded by the unspoiled and attractive East Anglian countryside, including the Norfolk Broads. A small international airport provides convenient access to many parts of the world via a frequent link with Amsterdam.

For informal enquiries please contact

- Dr David Nunn, Clinical Director (telephone 00441603 287087)
- Mrs Keeley Brundle, Senior Secretary (telephone 00441603 287074).
- Dr Vik Singh ([vikramsingh1973@hotmail.com](mailto:vikramsingh1973@hotmail.com))

To learn more about the Trust, please see our web site at [www.nnuh.nhs.uk](http://www.nnuh.nhs.uk)