



ANZCA New Zealand Trainees Committee Newsletter

May 2009 - Issue 3

Welcome to our second newsletter for 2009. In this issue we will continue with the expanded introduction of two more Committee members, as well as an introduction to Nathan Kershaw, the new NZSA Trainee Representative who will be working with us closely in the future. Following this is an update on the new and ongoing initiatives we are involved in in 2009. We have also had a changeover of administration staff with Juliette Adlam taking over our portfolio from Jan Brown. If you have any further queries about the NZTC or how to join please feel free to contact Juliette; Juliette@anzca.org.nz

Committee Members in More Detail

Jeremy Fernando: "I am currently a 4th year Anaesthetic Registrar working at Wellington Hospital and am currently sitting my Part II. I'm also an Advanced Trainee in ICU and a husband and father to a beautiful two year old girl. During my time on the committee I hope to help trainees negotiate the Basic and Advanced training years. I am keen to teach and help establish support structures for trainees (particularly around the times of exams!). I look forward to hearing from you."

Sheila Hart: "I am currently in my first year of Advanced training at Waikato Hospital. I moved to New Zealand in 2005 for a one year job, and never returned! I enjoy the lifestyle that New Zealand embraces, and have certainly taken advantage of the wealth of outdoor pursuits on offer. I decided to get involved with the Trainee Committee in order to become more familiar with the activities of the College, to dispel the belief that all they did was collect fees and forms, and to help disseminate information from the College to Trainees within the hospital I am working."



NZSA Relations with the NZTC

We are very pleased to announce the development of formal relations between the NZTC and the newly appointed Trainee Representative of the NZ Society of Anaesthetists (NZSA), Dr Nathan Kershaw. Nathan landed himself this role after asking Dr Andrew Warmington (NZSA president) a few probing questions about the NZSA.

Words from Nathan "Our conversation went like this: 'Andrew, what is the NZSA? And why, as a Fourth Year Registrar, don't I know anything about them?' I would caution anyone before questioning a President – you may end up with a job! The NZSA is at present relatively unfamiliar to ANZCA Trainees. However, they are keen to develop the relationship, both in terms of what they can offer Trainees, and with what Trainees can offer the Society. As the Trainee Representative, my brief is to foster this relationship however possible, and to work with the NZTC in a collaborative way. As for me, I am the Anaesthetic Fellow/ATY3 at Taranaki Base Hospital. I'm actually an Australian (please don't hold this against me), but my training has all been in NZ. It has taken me around the country, with Nelson, Palmerston North, Hutt, Wellington and Auckland under my belt so far. If you are at all interested in the NZSA, please feel free to contact me – nzsatraineer@gmail.com"



Progress Update From Ongoing Committee Goals For 2009

- **GPs List:** Juliette currently has a list of GPs who are happy to see Anaesthesia Trainees for the Auckland Region and we are working on other centres at this stage. Trainees can also contact the Doctors Health Advisory Service for willing GPs as well.
- **Part Zero/Idiots Guide to ANZCA Training:** Thimali and I held an afternoon session with the Auckland SHOs at the beginning of March aimed at introducing them to ANZCA and the training programme. This was well received with topics discussed including the Portfolio, Modules, Formal Project, Log Books and Part One Exam resources. We feel that this has the potential to be an excellent resource for all those Trainees starting out with ANZCA, either at SHO or Registrar level. The next step for us is to produce a hard copy that we can hopefully get to all new Trainees. If you feel you have tips or suggestions on training and the various oddities of ANZCA, *i.e. what you would have liked to have known when you started but didn't know to ask*, then we would love to hear from you.
- **Video Conferencing the Annual Registrars Meeting:** The Auckland team have been working on getting this presentation day video-conference capable. The meeting is held in Auckland in November and we have the ability to screen it to various centres in New Zealand. We are able to transmit from 10.30am until the presentations from Registrars are finished at approximately 6.00pm. If you are interested in being able to watch some or all of the day, please contact your local NZTC member, Juliette Adlam or myself (s_m@ihug.co.nz) as soon as possible so we can look into VC availability at your hospital. Calls for submissions for presentations will be made later in the year, all Trainees welcome, so if you have a Formal Project you want to present, please keep this in mind. There is a prize for best presentation!

Update on ANZCA Working Groups With NZTC Involvement

- **Curriculum Review Working Group:** Submissions have closed and 135 were received. The group is in the process of assessing the submissions.
- **Clinical Teachers Development Working Group:** A decision has been made to continue with the current Clinical Teachers Courses available to SOTs in the first half of 2009. The next step is to open these courses up to all interested fellows and broaden the scope of the courses to include fundamental teaching principles.

New Professional Standards

A new document entitled **PS51 – Guidelines for the Safe Administration of Injectable Drugs in Anaesthesia** has been developed and is available on the website.

www.anzca.edu.au/resources/professional-documents.

Airway Skills Course

This fantastic airway course has been developed and run by Starship Anaesthetist Paul Baker. It has been running for 13 years continuously in Auckland and is also run in Sydney. It is designed for all doctors practising in Anaesthesia, ICU and ED. Medicine Trainees in Auckland are encouraged to attend and can get costs reimbursed. It is a day long course aimed at increasing confidence and skill at basic and sophisticated airway management. Courses are held throughout the year, so if you are interested in developing current skills and adding a few more strings to your airway bow, please check out the website at www.airwayskills.com.

Dates to Note

Exam application closing dates for the 2nd sitting 2009

- Primary exam-written held 27 July 2009 - closing date is 1st June 2009
- Final exam- written held 28 August 2009 - closing date is 3 July 2009



Registrar Positions: For SHO's looking to apply for a Registrar position or those moving hospitals the nationwide closing date for applications is 8th June 2009, with offers made on 27 July.

Meetings:

- NZ Anaesthesia ASM, Rotorua 4-7 November 2009
- Annual Registrar Meeting, Auckland 27th November 2009

At the Rotorua Conference a sponsored Trainees Cocktail evening will also be held where Trainees can get together, catch up and have an opportunity to meet with the ANZCA President, Leona Wilson. The time and date are to be advised.



ANZCA Website Developments



- **Online Part 2 Resource:** This is a resource aimed at assisting candidates with their Part 2 clinicals, and includes advice on vivas. This will be available online shortly and how to source it will be advertised in the Trainee Newsletter and hopefully on the ANZCA website.
- **Online Payments:** Paying for the annual training fee online is being trialled in Malaysia and possibly Hong Kong in the second half of this year. If successful there may be an official roll out for all trainees early next year
- **Trainee Profiles:** Hopefully you have all mastered the ANZCA website enough to check your own trainee profile. There have been some issues with incorrect information that we hope has been resolved. At the beginning of the year there was a large back log of Form Ks to be processed, so some people had a long wait until their Module completion was updated. We understand this is now resolved.
- **Formal Projects:** Refinements have been made to the process relevant to the Formal Project, which is part of Module 11. The Formal Project page on the website has also been updated. Further information is coming out in the May issue of the College Trainee Newsletter. A reminder that Trainees should allow a two month turnaround time from submission of the manuscript and completed forms till approval (assuming the initial manuscript does not require revision!).

ANZCA Trainee Email

Trainees who registered for the 2009 training year have been supplied with an ANZCA trainee email. ANZCA plan to roll this out to all current trainees in the next six months. The access site for this is <https://trainees.anzca.edu.au>. This email address will become the only one ANZCA sends information to. Although this means another email address for us to service, it is very easy to get your ANZCA address to forward all mail to your personal address. You can find the instructions for this at <http://www.anzca.edu.au/trainees/trainee-email-system.html>.

Lastly congratulations to those trainees who recently passed their Part Ones and good luck to those sitting the clinical Part Twos this weekend!

Cheers



Kathryn Hagen
Chair, New Zealand Training Committee