

ANZCA New Zealand Trainees Committee Newsletter

August 2009 - Issue 4

Welcome to Edition 3 of the NZ Trainees Committee Newsletter. Following is the next instalment of 'Members in More Detail', updates on our initiatives for 2009 and advertisements for Fellow jobs and cocktails! We will also detail recent changes to the Committee structure and frequency of nominations and elections, as well as introduce the 3 Step Safety Checklist coming to a hospital near you soon!

Committee Members in More Detail



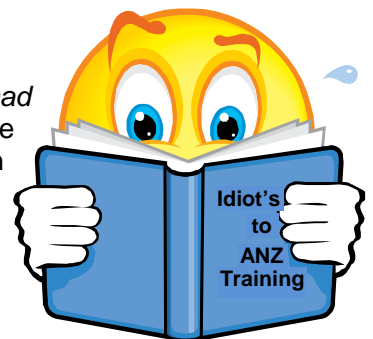
Erica Dibb-Fuller: "I'm from the UK, but training in NZ, currently an ATY 2 Registrar and have just passed the Part 2 exam, yippee! So life and work is fun again. A big hurdle, but the other side is very worth all the hard work. I spent two years working in Tauranga, which is great for basic training, and have been in Christchurch since then. I'm off to the UK next year for my 5th year of training and then hope to complete a Fellowship in Paediatric Anaesthesia after that. Out of work I spend my time skiing, biking, climbing and drinking fine NZ wine."

Rachel Dempsey: "I am a 2nd Year Basic Trainee working in the Hawke's Bay. Current interests (or should that be preoccupations) include getting through the Part One Exam while making some attempt at maintaining some kind of work/study/life balance in my life, as I am sure many of you have already been through, or perhaps have yet to look forward to. I have joined this committee as I feel it is important to have representation from Trainees in rural centres and from the more junior of us in the ranks."

Kathryn Hagen: "I'm in my third year of anaesthesia training after time as a House Surgeon and then ED SHO. At this current point in time I'm actually at home on maternity leave with a five month old son. I'm really keen to see the NZTC encourage and promote connections and networking around the country between Anaesthesia Trainees. We spend a lot of time looking after our patients, but we need to make sure we spend time looking after ourselves, each other and our families as well".

Works in Progress, 2009:

- **Part Zero/Idiots Guide to ANZCA Training:** Or "*Everything I wish I had known about ANZCA training when I started!*" The committee is well on the way to producing a booklet outlining the above. This will hopefully be an excellent resource for those starting their training and for those joining ANZCA from overseas during their later training years. SOTs around the country have been contacted about their suggestions and views and other sections have been compiled by committee members. Thanks to Thimali, Nicola, Sabine and Claire for their hard work.



The intention of the committee is to present this guidebook along with a face-to-face troubleshooting session to new Trainees during the first 1-2 months of each calendar year. In areas where there are no committee members, we would like to find a senior trainee/new consultant with their own experience of ANZCA training, to go through the guidebook with their new trainees.

- **GPs List for Trainees:** As previously stated, Juliette Adlam at ANZCA in Wellington, holds a list of GPs willing to see trainees (and probably all RMOs) for the Auckland region. Jeremy Fernando has been in contact with the DHAS (Doctor's Health Advisory Service) to compile lists for other regions. Apparently, such a list does not currently exist, but the DHAS thought this was a brilliant idea and are working on it themselves as well. Hopefully we will have more information in the coming months.



Annual Registrar's Meeting – Friday, 27th November 2009

The call for abstracts has been made for this meeting which has two components;

1. The morning session is comprised of presentations relevant to life after training, e.g. financial advice.
2. The afternoon session is an opportunity for registrars from around NZ (not just Auckland) to showcase their talents and present recent projects.

If there are sufficient numbers of trainees outside of Auckland who would like to watch the Friday afternoon session, then we have the facility to video-conference this. If you are interested in this, then please contact your local NZTC member (<http://www.anzca.org.nz/training/nz-trainee-committee.html>) or email us at Juliette@anzca.org.nz.

If you would like any more information about submitting your project for consideration, please go to <http://www.anzca.org.nz/training/annual-registrars-meeting/CALL%20FOR%20ABSTRACTS%20AR M%2009.doc/view>



Update on ANZCA Working Groups With NZTC Involvement

- **Curriculum Review Working Group:** Submissions are still being assessed and there is suggestion that a full ANZCA-wide survey may be performed in the coming months. The 132 submissions are available for viewing at <http://www.anzca.edu.au/edu/projects/curriculum-review/submissions/received>
- **Clinical Teacher Development Working Group:** The next meeting of the CTDWG is to be held on August 26th in Melbourne. Hopefully, we will be able to again send a representative to this.



NZSA Report: Nathan Kershaw:

The NZSA is increasing its involvement in the Annual Registrars Meeting by contributing to the running costs and offering an additional prize for the best quality assurance/audit project presented. The meeting is evolving into an interesting and vital part of training in NZ. We are going to approach all of the Provisional Fellows in NZ to ask them to consider joining the NZSA, many of them do not realise that NZSA membership is completely reimbursed under the SMO MECA (and not via CME) so it will not cost them personally.

Annual Scientific Meeting – Rotorua, 4-7 November 2009

This is shaping up to be a very interesting and exciting conference, set in beautiful surroundings. The closing date for Early Bird applications is 11 September 2009. If you register before then, the cost is only \$650 to trainees. It is \$750 after that. The closing date for abstract submissions was Friday, 7th August.



The link to the ASM Website is: <http://www.sixhats.co.nz/index.asp?PageID=2145862579>



ANZCA 'Meet the President Trainee Cocktail Function' – Thursday 5 November 2009

This is to be held on Thursday, 5th November at the Novotel in Rotorua from 5.30pm-6.45pm. It is an excellent chance to come and meet Dr Leona Wilson, President of ANZCA, as well as catch up with other trainees from around the country and have a drink at the College's expense! The invitation is open to all trainees, regardless of whether they are attending the ASM or not. For those who come, and are not attending the Tamaki Maori Village function, we would like to organise a casual dinner out somewhere in Rotorua afterwards. Suggestions of where to go are invited! A personal e-invitation will be sent out and RSVPs are welcomed!

ANZCA Examinations

The dates for 2010 have not been set yet, but we would like to wish those of you who are sitting the forthcoming written Fellowship and Primary Viva examinations GOOD LUCK.

Opportunities for Fellow/Provisional Fellow posts

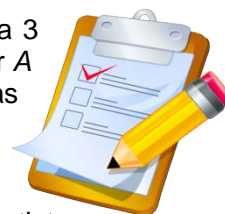
Please contact Juliette (Juliette@anzca.org.nz) for further details for both posts



- **Taranaki:** Are looking for interested current ATY2/3 trainees who are keen on spending a Provisional Fellowship year with them. Apart from fantastic kite surfing and a great outdoors lifestyle, it is a lovely place to work and you will be treated as one of the consultants on the SMO roster. No nights! This position is filled on an application basis and is currently vacant for 2010.
- **Overseas- England:** South West Peninsula Deanery - this rotation has 140 training posts covering some of Somerset, Cornwall and Devon. The Training Programme Director, Dr Peter Davies is keen to foster links with NZ Departments. Generally 1-3 UK Fellows from there are in Auckland each year and Dr Davies is looking to have an informal system for 'swapping' trainees. At this stage, secondary to GMC Registration issues, these posts are generally only available to post-FANZCA fellows.

WHO Safe Surgery Checklist

Auckland's Professor Alan Merry has been involved in trials assessing the effect of a 3 step safety checklist - of which one component is the well known "time out". The paper *A Surgical Safety Checklist to Reduce Morbidity and Mortality in a Global Population* was published in the January 29th edition of the New England Journal of Medicine and showed that post-operative complication rates fell by 36% on average, and death rates fell by a similar amount after implementation of the Checklist. This Surgical Checklist is likely to be implemented Australasia-wide in the near future and anaesthetists are an integral part of its implementation. Check out the World Health Organisation's website for further details: <http://www.who.int/patientsafety/safesurgery/en/index.html>



Looking Ahead to 2010



At a meeting of Council earlier this year, the decision was made to extend the term of membership on the NZTC to two years, meaning that elections only have to be held every 2nd year. However, it was also decided that as committee members gain Fellowship, they are obliged to step down. Naturally, there are also reasons that members may wish to step down during their 2 year term. This all means that there will be at least 4 positions available on our committee come the end of 2009. It would be great if interested trainees could have a think about being involved in the committee for 2010 and beyond. If you have any queries or questions, don't hesitate to contact me at anzca@anzca.org.nz. A formal call for nominations will be made in November.

Cheers

Kathryn Hagen

Chair, New Zealand Training Committee